



Perfecting Your Show

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Outline & Expectations

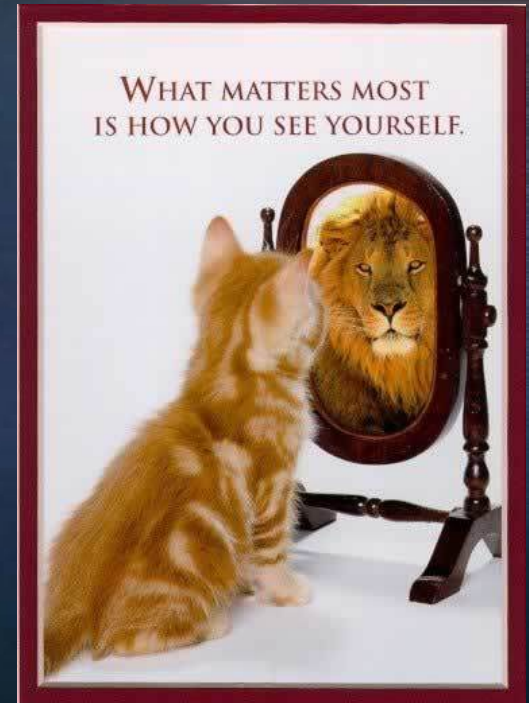
- Content covered
- Plan
 - Lecture & active participation
 - Questions
- Cell phones/blackberry computer





Reflection

- How did you get to be who you are?
- How does who you “are” affect how you act?
- What would you like to change about what you “are?”





How Do You Show Up?

- What do you lead with each day (energy, attitude, beliefs, approach, actions)?
- Are you medicine or poison?
- Do you know what you want?
 - Are you on the way to get it?
- Do you take responsibility for what you bring?





Who Do You Show Up For?

- Clients
- Co-workers
- Those you “like”
- Your supervisor
- Family/friends
- Those who you don't like or who don't deserve it

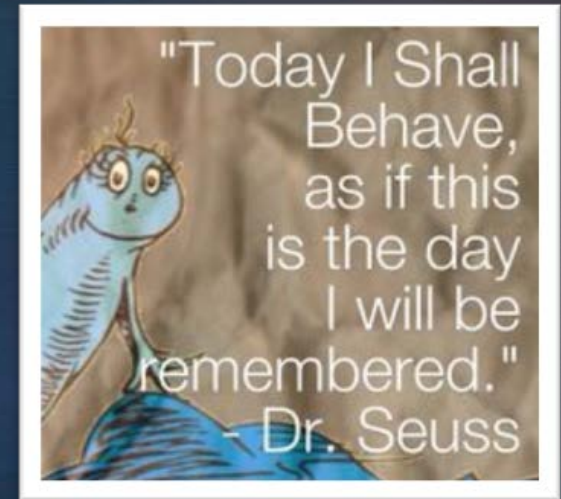
"Show respect even to people who don't deserve it; not as a reflection of their character, but as a reflection of yours."

Dave Willis



After You Show Up

- Where is your focus?
 - Impact or survival?
 - Speaking your mind or keep the peace?
- Letting things happen or happening to things?
- Allowing others to contaminate you?
 - Where is your Pam?





Results You Create

- Can everyone say they are better for having experienced you?
- Are people glad to see you go or longing for your return?





Ways To Improve Your Show



Self Belief

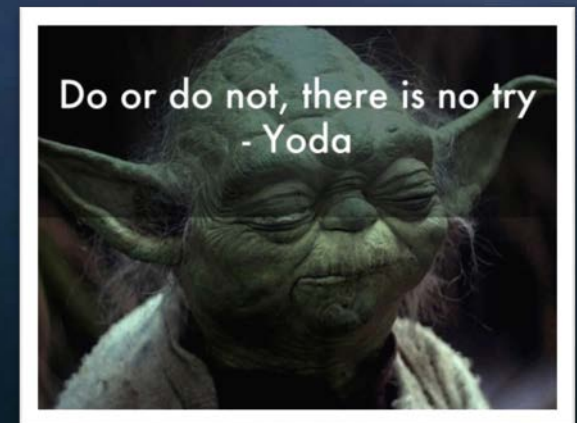
- Is anything possible?
- What are your ceilings?
- Is believing a risk?
- Belief & action

*Change
your thoughts and you
change
your world.*



Mindset

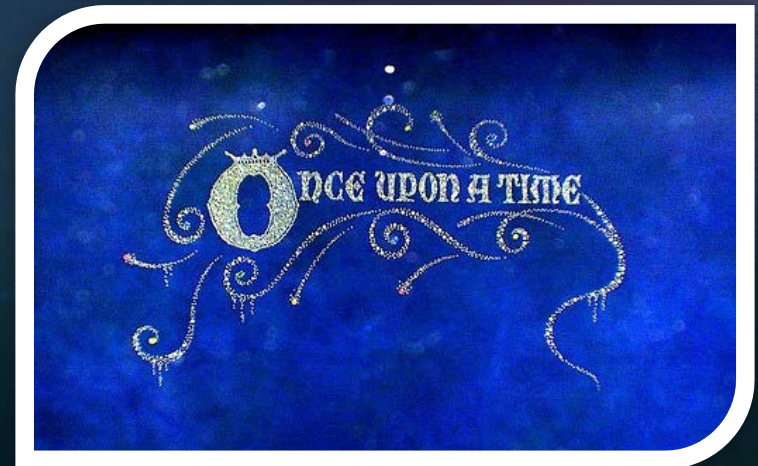
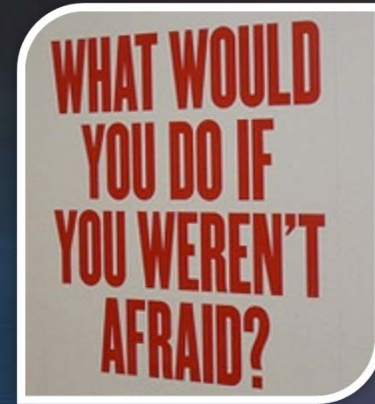
- Think things that will get you where you want to be
- Practice controlling your own energy
- Are you trying or doing?
- Seek the gift/lesson





Improving Your Story

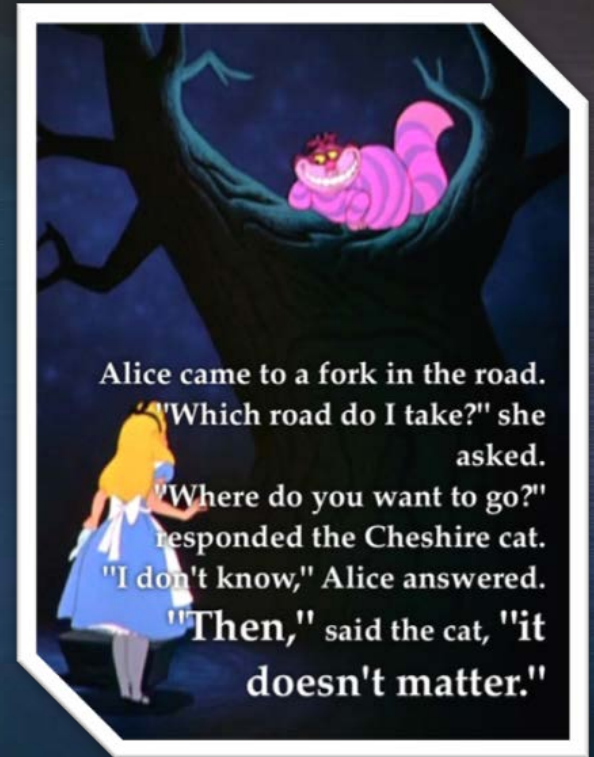
- What type of story is it?
- What role are you playing?
- How do you expect it to end?
- If you need different results, tell a new story





Planning Your Future

- Assess where you are now and where you want to be
- Decide the steps needed to fill in the gap
- Shrink the change & set up easy wins
- Expect practice to be uncomfortable





Closing Thoughts

- Don't let your history interfere with your destiny
- Each moment is an opportunity to change your life
- You have always had the power
- Act despite fear and magical things will happen





"THE ONLY
PERSON YOU ARE
DESTINED
TO BECOME
IS THE PERSON YOU
DECIDE
TO BE."

~ Ralph Waldo Emerson



Complete Keynote Evaluation



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