



# Getting Out Of Your Own Way: Taking Your Leadership To The Next Level

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# Outline & Expectations

- Lecture, interactive discussion, ask questions throughout
- Laptops, cell phones, ipads





# Strengths



# Hindrances & Limitations

- Overuse
- Inappropriate use
- Underuse
- Focus of external vs. internal





# Exercise/Discussion

- What strengths could you pull on to moderate your overuse?
- How can you practice expressing your top strengths internally to help get out of your own way?





# Perceptions, Bias & Judgment



# Human Nature

- Categorize, label, judge
- Functional & dysfunctional
- Limits us & others
- Self-fulfilling prophecy
- Pygmalion Effect





# Exercise/Discussion

- Top limiting belief put on you?
- Consequence of that belief?
- Limiting belief you recently put on another.
- Consequence of that belief.

WHETHER YOU  
**THINK YOU CAN,**  
OR THINK YOU CAN'T,  
**YOU'RE RIGHT.**

(HENRY FORD)





# Ego



# Dangers Of Ego

- Not open to feedback (no need to listen)
  - Arrogance
- Limited growth/mediocrity
  - Practice is for others
  - I am good enough
  - Why should I have to...
- Focus on “me”
- My way is best
  - Micromanagement
- Underlying fragility/insecurity





# Impact Of Ego On Others

- Distances them
- Hurtful/demotivating
- Limits our influence
- Creates a bad experience
- Sets a bad example





# Exercise/Discussion

- How has your ego gotten in your way?
- Why?
- Strategies to keep ego in check?

*A leader is best when people  
barely know he exists,  
when his work is done,  
his aim fulfilled, they will say:  
we did it ourselves.  
- Lao Tzu*

by Serengeti 2015



# Closing Thoughts

**"Yesterday I was clever,  
so I wanted to change the  
world. Today I am wise,  
so I am changing myself."  
— Rumi**

*When I let go  
of what I am,  
I become  
what I might be  
- lao tzu*





# Complete Evaluation



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